

SAFETY RULES FOR DATING

Fasten Your Seat Belt
And Have A Great Dating Experience



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Foreword

Dating can be a very trying experience and one should look into ways that could make this exercise less stressful and more enjoyable. The idea of group dating can present some very interesting options. Get all the info you need here.



Safety Rules for Dating

Fasten your seat-belt and have a great dating experience

Chapter 1:

If you can, join a group dating

Synopsis

The following are some reason why group dating should be considered for the first few dates before both parties decide to have a go at it as a couple:



The Basics

Nervousness is often the most common element that contributes to the first date experience. The presence of nervousness can present such a mental and physical condition and is so unlike the normal person, that it can cause a virtual train wreck of a date. Having the comforts of being in a group atmosphere may help to ease some of the nervousness and the tension surrounding the date. This is especially so if the individual is familiar with at least a couple of the other people in the group. With the group participation, there are more things to talk about and more things to do and this will create the enjoyment distractions that can put everyone at ease.

The events that usually unfold on this type of dating style will help both parties get to know each other's personalities better as the setting usually provides for a more relaxed setting where most people are not so guarded. Group settings will allow interaction with others, and this will give the opportunity to each party to observe the other, without seeming too intent or judgmental. Group style dating, is usually done around fun settings such as games and general discussions that can get loud and boisterous and this too will help to shed light on the other party's character, thoughts, competitive nature, level of hyper activity and many other very enlightening pieces of information.

Chapter 2:

You can always bring your friend along

Synopsis

There are many reasons for this particular option to be exercised when deciding to go on a date. For these reasons, bringing someone along on the date seems to becoming an action that is quite common and for some really necessary.

The following are some of the reasons why most people are choosing to bring someone along for the date as opposed to spending time as simply just a couple:



Friends

One of the primary reasons and perhaps the most common one in the past are for the other person to act as a chaperone. However today, this other person would probably play the role of simply being present to deter or lessen the chances of any possible negativity from taking place. Being able to safely judge a person's character accurately and be extremely comfortable enough to go on a first date alone with that person is becoming increasingly difficult in today's weird society. Therefore the precaution of taking someone else along on the date may help to keep the security issues taken care of at a minimal yet definite presence.

Taking another person along on a date, will also help both parties be less nervous and take the intense attention of each other. The other party can also be a welcomed addition to the whole exercise especially if there is nervousness and problems with connecting. Communications during the date may also be easier as there is a third opinion and voice to add to the equation.

For some this would present a pleasing option while for other it may present an annoyance instead. Therefore before bringing the other person on the date, it should be mentioned and agreed upon. If both parties are not open to this sort of arrangement, then the date could take a turn for the worst before either party gets the chance to get to know each other.

Chapter 3:

*Asking lots of questions to your date & observe the
response*

Synopsis

There are many ways to get to know a person better and one of the more effective ways of doing so would be to ask questions and then observe carefully the reactions to these questions and the answers given.

For most people asking questions is the only way they know how to extract information from the other party on a date. This is especially needed if the other party is rather shy and not willing to divulge any information without suitable prompting.

Therefore having a list of possible questions to ask, to ensure the smooth flowing conversation on the date, will help to create a less tense atmosphere.

Ask

Questions are also a great way to help form an opinion of the other person. This opinion is important as it will have some influence over the decision for the second date and other consecutive arrangements. These questions will allow the other party to gauge the answering responses and to observe if they are acceptable to the individual's own perceptions and ideals in life in general.

If there is an obvious match in many ways, then the relationship would ideally seem to have a future and the next step can be comfortably contemplated and taken. However if the answers seem worrying and incompatible, then a lot of heartache and disappointments can be avoided in the future by not agreeing to a consecutive date.

Asking questions also allows both parties to get to know each other better and this is of course the general reason for the first date. The getting to know stage is very delicate and all caution should be exercised when planning out the questions to ask. While wanting to get to know the other person better is the main intention, being too nosy or aggressive with the questions is not a good idea.

Chapter 4:

Terminate meeting with a disrespectful or abusive date

Synopsis

Meeting other people can be a really fun experience especially if it is with the intention of building a relationship of any kind.

However some people can be so disrespectful or abusive that even considering spending time with them can usually be a wrong decision to make.

Some of the things to notice and acknowledge immediately will help the individual take the next step to terminate the date effectively, and the following are some way to consider:

Some Tips

Realize that the person cannot be changed and that even investing time and patience is not going to help the individual build this other person into the kind of potential partner he or she seeks.

This will then make it a lot easier to take action and terminate the date. This is very important to note as it will facilitate a clear and concise action on terminating the date.

There should be some guiding terms and conditions, that the individual would be able to expect from the other party and if these do not become evident almost immediately, then there should be an immediate consideration to terminate the date.

Doing this in a firm and non evasive manner would be a better way to get the message across that the individual is not interested in pursuing this particular liaison.

Often time the other abusive party can turn into an even more enraged individual should the thought of breaking up even be mentioned, therefore doing so in a quiet but firm manner and perhaps even with the help of some family members or close friend around is advised. Going at it alone in a quiet and intimate setting would not be advised.

Telling the person that the relationship is now over and then keeping away from the person would help get the message across. Not responding to any form of communication also helps to reinforce the message. In some extreme cases there may be a need to inform the other party of dire consequences should this decision not be accepted.



Chapter 5:

Background check your date first

Synopsis

Going on a date can be both exciting and also quite dangerous if the individual is not acquainted with the other party and does not have any knowledge or information on the person.

Taking the time to make some discreet enquiries may help to give the individual a better idea of the character and personality of the other party.

The following are some ways and reasons as to why this may be a very necessary action to take, when it comes to getting to know a little about the other party before the date actually commences::

Background

Safety would be one of the very important issues that the individual would usually have to worry about. If the individual is introduced by a mutual friend, then the individual should approach the friend for information of the other party. The more detailed the information provided the better the chances are of gauging the potential date's character and suitability.

If the potential date is a total stranger, then googling information on him or her might be another option to finding out some information on the person. There are also other data base types of information that could provide a little insight in to the potential date's character and this can be accessed if the said individual is in the kind of employment where such information would be easily available for public perusal.

Talking to people who may know the potential date may also help when it comes to getting information on the person. This casual enquiry would help the individual feel some level of security, if the information gained is favorable in nature.

All these measure have become very necessary today, as it has been a noted danger, that problems do occur on the first date scenario, and these often have the potential to be unpleasant and dangerous.

Chapter 6:

Stick to the dating rules and strict moral standards

Synopsis

In order to play the dating game well, the individual should be really aware of the underlying but very important rules that generally govern the entire exercise at every juncture. These rules if acknowledged and followed to a certain level will allow the individual to avoid any unwanted problems that may arise from the dating experience.

The following are some dos and don'ts that would require some consideration if the individual intends to have pleasurable experiences when indulging in the dating game:



Stick To It

Taking the trouble to groom one's self so that a presentable individual can be made ready for the date would be the first consideration to ensure. This is to ensure the visual package is appealing to the other party and would also show the individual's commitment to making a effort for the date.

Being punctual is another very important consideration to ensure is actively and seriously exercised. Failing to be punctual can speak volumes about the individual's character and commitment level to the date and the potential relationship that would be anticipated.

Being attentive and focused on the other party on the date is also something that should be ensured. There is nothing more insulting and demeaning than ignoring the other party and using the time to let the eyes and mind wonder.

Making a conscious decision not to have sex on the first date is also extremely important. Although the attraction may be evident, waiting would be well advised. Getting to know the other party before taking the encounter to the next level would give them both a chance to actually find out other enjoyable things, which could potentially contribute to keeping the relationship alive after sex has been enjoyed. This information gained would eventually help the relationship grow into something more rewarding and exciting.

Chapter 7:

Go on a date only in well-lit public places

Synopsis

There are quite a few precautions that one should initiate when going on dates. These are often necessary to ensure the safety of the individual is kept as a priority and to avoid any unwanted and potentially dangerous occurrences.

When the venue of the date is being arranged, the most important element to consider is if the place and time decided upon is suitable and safe. The ideal scenario would be meeting for coffee during the day especially on a weekend when most people are out and about.

This would ideally present the busy conditions that would ideally secure the venue as being safer. The daytime date however should not be viewed as totally safe, and some level of caution should still be consistently practiced.

The Areas

If the date has been arranged to take place during the late evening or night, then the lighting of the venue should be seriously considered. Being able to view the surrounding area and the other party clearly is very important and dominant in the safety issue angle. Besides being able to see everything clearly, there is also the idea that other can see the individual and the date too.

This sense of public exposure will help limit the chances of any unpleasant scenarios from unfolding. Well lit areas are also good as they provide a sense of security for the individual on the date. When all things are clearly visible, the individual will be able to be more relaxed and concentrate on having a good time rather than to be stressed out on safety issues the entire date.

Well lit areas also present a better amount of activity and this is also another beneficial and often sought after scenario. Besides the obvious safety comforts it presents, the individuals are also able to be identifiable by other should this become a necessary element for the future.

Chapter 8:

Do not accept a ride home on the first date

Synopsis

There are a lot of different issues to be considered when the individual is busy contemplating the dating game. Some are more complex than others and require a little more thought and consideration. One of the issues that should be seriously considered is the mode of transportation being considered for the date.



Rides

Getting there and getting back should be arranged well before the date. This is something that should be considered and definitely not left to chance as there are many connecting factors that could cause this particular part of the date, to be a stressful point. Most people going on dates, especially if it is still in the first few encounters, would be strongly advised not to accept a lift from the other party. For safety and convenience reasons, the individual should make his or her own arrangements to get back and forth from the date venue. This would be a more reliable option and certainly one that would be better in terms of security.

The issue of safety is normally foremost in the mind of the individual going on the date and taking all precautions necessary would effectively limit the possibility of things going wrong. Generally no one wants to have to worry about other distracting issues when on the actual date. It is quite a common practice for one party, popularly the male counterpart to offer to take the female home after the date. Though it may seem to be a nice gesture on the part of the male, there could be some underlying misconceptions at play, which may end up being unpleasant, uncomfortable and even dangerous for the party who is not interested or does not want to play along. This is especially so if one party or both parties has a little too much to drink and are not quite sober enough to think straight.

Chapter 9:

Don't get drunk and never leave your drink unattended

Synopsis

There are some people who are quite unscrupulous when it comes to capitalizing on opportunities presented. This is more so when it comes to the dating game, where opportunities are usually looked for and immediately seized upon. It is an unfortunate but very true and common happening, and this often causes a lot of unhealthy and dangerous consequences.

Though this caution is usually directed towards the female, it would be noted that currently males are no less at risk from such negative and potentially dangerous possibilities when on a first date. The most popular and definitely potentially problematic scenario would be the spiking of the drinks or having too much to drink and thus getting drunk. These two occurrences are among the most popular problem contributing elements that eventually turn into nasty and often nightmarish circumstances.

Drinking

Date rapes and other forms of abuse are often connected to the spiking of drinks or getting to drunk to be able to handle, one's self adequately and safely.

Although most people going on dates are well aware of the obvious dangers, they often forget to take this simple precaution when they are in the highly strung atmosphere surrounding the actual date.

Often when they seem to be having a good time, limits are pushed without consideration to the possible consequences and dangers.

Therefore in the quest to maintain some level of safety, the individual should refrain from leaving the drinks unattended even for a fraction of the time and also actively keep drinks to a comfortable level where there is absolutely no chance of getting even slightly drunk.

This would help the individual to stay alert and avert any possible attempts, where there are intentions to take advantage of him or her.

Wrapping Up

Always tell friends where you are going and when you will return. Precautions should ideally be taken for anything that involves a new and unprepared for experience. This will help to limit the possibility of something going wrong which would and could cause unnecessary problems for the individual and those connected to them.

One of the precautions that is usually advised when dating, is the part where other should be informed of the details pertaining to the date. This is a very important practice to follow as it will definitely be helpful for someone else to be aware of the individual's schedule and activities should something be amiss.

Often people misconstrue this as having to be answerable to someone else, but this is probably farthest from the truth. Letting others know of the details such as venue, time frame and contact particulars of both parties on the date is an important safety measure to enforce and practice consistently.

This divulging of details will help other be aware of the individual's intended date exercise and help to keep tabs on the event for safety purposes.

Sometimes the individual would actually request being contacted during the date to show the other party, that someone else is aware of

the individual's current activities and thus possibly avoiding or averting any nasty situations from unfolding. This is a very much encouraged exercise to encourage during the date, as it will help to establish the safely angle covered by the individual.

Informing another person of the possible time expected for the return from the date would also be another helpful and precautionary element to incorporate in the exercise to stay safe during the date.

Even asking the person to make a call just to check on the individual, would be advised as this will also help to inform the other party, that someone else is aware of the date and its progress.

There are all good safety measure to take which really don't involve much effort and but certainly provide the necessary safety elements to help make the dating game safer.

